

Resources



Love 4 Life

Love 4 Life Association

Email: info@love4lifeassociation.org

Phone: (951) 575-0294

Website: love4lifeassociation.org

Facebook: Love 4 Life Association

Instagram: @love4lifeclub

Suicide Prevention Helpline

If you are experiencing an emotional crisis, are thinking about suicide or are concerned about a friend call the NATIONAL SUICIDE PREVENTION LIFELINE IMMEDIATELY:

1-800-273-TALK (8255)

Or

TEXT HOME to 741741

Websites

Love4lifeassociation.org

Eachmindmatters.org

Suicideispreventable.org

Nami.org

Up2Riverside.org

Helplines

211

- If you are experiencing a personal crisis **Call 211** and speak with a live, highly trained service professional in your area from any **cell phone** or landline. All **calls** are private and confidential.

- Riverside County HELPLINE **951-686-HELP (4357)**
 - Connects you to local Riverside resources.

- Cares Line **1-800-706-7500**
 - The Community Access, Referral, Evaluation and Support line (CARES Line) is available Monday-Friday 8am – 5pm and answered by licensed clinicians who provide support and crisis intervention, as well as connections to outpatient, inpatient and community resources.

Local Resources

The Mental Health Urgent Care

Riverside **951-509-2499**

9990 County Farm Road, Suite 6 Riverside, CA 92503

Palm Springs **442-268-7000**

2500 N Palm Canyon Dr., Suite A4 Palm Springs, CA

Perris **951-349-4195**

85 Ramona Expressway Suite #1-3 Perris, CA